

Rain of Blessings / Ra Ma Da Sa

by Miten & Deval Premal

Rain of blessings pouring down
Kiss the earth and this holy ground
Holy water heaven sent
Rain of blessings our sacrament

Ra Ma Da Sa Sa Se So Hung

Rain of blessings sing your wild song
Mighty god of thunder beat your heavenly drum
Beat the drum of mercy
Beat the drum of forgiveness
Beat the drum of freedom
I'm bearing witness

Ra Ma Da Sa Sa Se So Hung

Rain of blessings
Holy water
Bless the mother
Protect the daughter
Bless all creatures great and small
Rain of blessings
God help us all.

Ra Ma Da Sa Sa Se So Hung

In Kundalini Yoga, Ra Ma Da Sa Sa Se So Hung is a powerful mantra for healing. These sounds invoke the energies of the Sun, the Moon, the Earth and the Infinite Spirit to bring deep healing. It can be sung to heal yourself or send healing to anyone who needs it. The way that it heals is to tune a soul to the vibration of the Universe, which is pure and without disease or pain.